

Take-Away Menu

Monday to Thursday – Last Orders: 10.00pm
Friday & Saturday – Last Orders: 7.45pm

Starters

Fresh Soup	£3.25
Seafood Soup	£7.50
Grilled King Prawns	£7.50
Prawns Fillo Pastry	£5.95
Grilled Tiger Prawns	£6.95
Moules Marinière	£6.95
Coquille St. Jacques	£7.95
Scallops & Bacon	£6.95
Calamars & Prawns	£6.95
Calamars Provençal	£6.50
Chicken Satay	£5.75
Grilled Sardines	£5.95
Garlic Mushrooms	£5.25
Deep-fried Mushrooms	£5.25
Fish Cakes	£5.25
Portuguese Chourico	£5.25
Prawn Cocktail	£5.95
Chef's Pate	£5.25
Melon & Prawns	£6.95
Melon & Parma Ham	£6.95
Canard Salad	£5.95
Salmon & Prawns	£7.25
Garlic Bread from	£1.70

Portuguese Specialities

Seafood Rice	£15.00
Terracotta pot steamed rice with a combination of seafood	
Seafood "Cataplana"	£15.50
Gambas, prawns, mussels and calamars seasoned with coriander, steamed in a copper pot	
Chicken "Cataplana"	£14.00
Chicken and bacon, potatoes, onions etc, seasoned to taste, steamed in a copper pot	
Bacalhau "Cataplana"	£14.50
Salted cod, potatoes, onions etc, beautifully seasoned to taste, steamed in a copper pot	
Chicken Piri-Piri	£13.90
Charcoal grilled spring chicken, marinated in a sauce of spices, garlic and chillies	
Spare Ribs	£13.90

Portuguese Skewers

Beef Espetada	£15.50
Chargrilled cubes of beef seasoned with bay leaves, garlic and salt	
Lamb Espetada	£14.50
Chargrilled seasoned spring lamb	
Chicken Espetada	£14.00
Chargrilled chicken marinated in spices	
Espetada 'da Terra'	£15.50
An array of chicken, lamb and beef marinated individually in spices, herbs, garlic and bay leaf	
Pork Espetada	£14.50
Chargrilled cubes of seasoned pork	
Espetada 'da Casa'	£16.00
Chargrilled beef and king prawns wrapped in bacon	
Scallops & Bacon Espetada	£15.50
Chargrilled Jersey scallops wrapped in bacon, peppers and onions	
King Prawns Espetada	£16.50
Chargrilled king prawns off the shell wrapped in bacon with peppers and onions	
Tuna Espetada	£14.50
Chargrilled tuna marinated in spices and herbs wrapped in bacon	
Espetada 'do Mar'	£16.00
A selection of tuna, king prawns and scallops wrapped in smoky bacon	

Meats

Breast of Duck	£15.50
Crispy duck in an au poivre or orange sauce	
Lamb Chops	£14.00
Chargrilled lamb in a rosemary sauce	
Chicken A La Crème	£13.90
Breast of chicken in a creamy mushroom and seeded mustard sauce	
Medallions of Pork	£14.00
Loin of pork served with a sauce au poivre	
Sirloin Steak	£14.50
Grilled sirloin steak served with grilled tomatoes and mushrooms or with a choice of sauce	
Fillet Steak	£15.50
Grilled fillet steak served with grilled tomatoes and mushrooms or with a choice of sauce	

Charcoal grilled pork ribs, marinated in a sauce of spices, garlic and chillies

Picado à Barros £14.00

Diced cubes of *beef* or *chicken*, seasoned with garlic, slightly fried and topped with black olives

Bife à Cavalo £14.50

Sirloin steak, cooked in red wine sauce topped with a fried egg

Porco Alentejana £15.00

Diced pork with clams and potatoes steamed with coriander, garlic and peppers

Fish

Bacalhau Assado £14.50

Grilled dried cod, seasoned with garlic, olive oil and spices

Bacalhau À Gomes De Sà £15.00

Dried cod, gently fried with onions, sliced potatoes and chopped boiled eggs on top

Bacalhau Tropical £15.00

Grilled salted cod on a bed of creamy garlic, onions and prawns sauce

Scallops Bonne Femme £15.50

Lightly fried & served in a creamy mushroom & mustard sauce

T. bone Steak £16.50

Grilled T-bone steak served with grilled tomatoes and mushrooms or with a sauce

DIANE SAUCE

AU POIVRE (PEPPER SAUCE)

CREAMY GARLIC SAUCE

Pasta

Seafood Penne £11.00

Fine selection of seafood in a tomato & onion sauce

Fettuccine A La Crème(v) £7.25

Mushrooms, onions and cream sauce

Chicken Fettuccine £10.50

Chicken, mushrooms, onions and a cream sauce

Fettuccine Salmon & Prawns £10.50

With a hint of spring onions in a creamy sauce

Spaghetti Bolognaise £8.50

Meat Sauce

Penne Carbonara £8.50

Finely cut smoky bacon in a delicious onion & creamy sauce

Served with takeaways:

(Pastas, Cataplanas, Seafood Rice, Porco Alentejana & Bacalhau À Gomes De Sà not included)

Chips
Rice
Salad

Other options: Roast.P, Veg, Milho

Extra portions: £2.00/£2.50

Extra sauce: £2.50

(For orders of two meals or more, please specify how many portions you would like, otherwise we will give you a selection to accompany your meal)